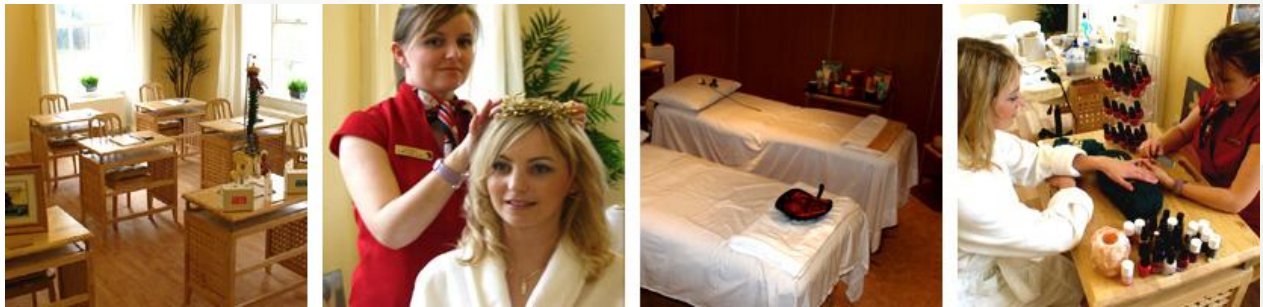


ISSS

International Spa
& Salon Services



College Prospectus 2009 / 2010

International Spa & Salon Services
Uisce Day Spa & Education Centre, Suite 2,
Celbridge Town Centre, Celbridge, Co. Kildare, Ireland
Telephone: +353 1 6279899 / Email: info@iss.ie / Web: www.iss.ie



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Introduction

Welcome to our world of Health, Beauty and Wellness!

International Spa and Salon Services is an established Centre of Learning, which offers the unique pairing of Education and Spa Treatments in a single, one of a kind setting, Uisce Day Spa & Education Centre in Celbridge, County Kildare.

Our primary focus is on Education because we at ISSS believe knowledge is power and we would like to offer you the opportunity to empower your life.

We seek to bring the best and latest techniques from around the world to the Irish Spa Industry offering a variety of Diploma courses for those who want to become professionals in the ever expanding Spa, Health and Wellness business.

So whether you're just starting out, or you already have a career and would like to change it, or you are an established professional therapist who wishes to update their current skill sets and work towards those all important CPDs (Continuous Personal Development - which will very soon become compulsory for all therapists), we offer a comprehensive series of programmes, full and part-time, to accommodate you and your busy schedule.

We look forward to seeing you!



*Christine A. Clinton
Principal*

Available Courses

We are proud to offer the following internationally recognised **ITEC Diploma Courses**:

Full Time:

Beauty Therapist	1070 Hours
Anatomy & Physiology and Holistic Massage	150 Hours

Part Time:

Beauty Specialist	300 Hours
Anatomy & Physiology and Holistic Massage	150 Hours
Sports Massage	100 Hours
Diet & Nutrition	100 hours

Please note: Enrolment for the above will be at the discretion of the college and every candidate will be invited for a suitability interview.



Available Courses

Seminars & Weekend Workshops

Post Graduate Courses:

Hot Stone Therapy - Full Body	1 Day
Hot Stone Therapy - Facials	1 Day
Hot Stone Therapy - Manicures & Pedicures	1 Day
Hot Stone Therapy - Train the Trainer.	3 Days
Maternity, Postpartum and Infant Massage	2 Days
Indian Head Massage	2 Days
Reiki I, II, & III	2 Days
Balinese Massage	3 Days
Massage Techniques for Cancer Clients	2 Days
“Best Foot Forward” Program	6 Weeks

For information regarding the latest seminar schedules, availability, content and pre-requisites please contact our Seminar Co-ordinator, Jean Murtagh at:

Telephone: 01 627 9899 or Email: info@isss.ie

Why ITEC?

ITEC (International Therapy Examining Council) is the largest international examination board offering a variety of qualifications worldwide.

The ITEC syllabus is currently being taught in over 600 colleges across 25 countries thus making their qualifications transportable on both a national and international basis.

The ITEC syllabus is specifically designed to ensure 'best-practice' in the work place is included in each course, thereby ensuring the qualification is directly linked to the job role.

The ITEC system is expressed in units allowing students to study at their own pace.

ITEC Examiners assess EVERY student practically and theoretically.

“On a personal note, ITEC have been a guiding light for me since I first qualified under the excellent tutoring of Ms Patricia Cassidy in 1990. Patricia’s dedication and passion for learning have been inspirational, and I am delighted to be in the position to offer the ITEC program at Uisce Day Spa & Education Centre. I am living proof of the ITEC motto, “your passport to the world”. Having worked and taught in the US, Canada and Europe my qualifications have always been accepted and indeed sought after.”

Christine Clinton C.M.T.



Individual Course Detail

Course Name: Beauty Therapy

Type: Full Time

Duration: 1070 Hours

Course Content:

This diploma contains four individual modules each with their own certification:

Diploma in Facial Therapy:

- Skin Care and Eye Treatments
- Make up
- Manicure & Pedicure
- Waxing
- Professional Conduct & Business Awareness

Diploma in Body Treatments:

- Anatomy and Physiology
- Figure Diagnosis
- Swedish Massage
- Body Electrical Treatments

Diploma in Epilation:

- Short Wave Diathermy
- The Blend

Cont'd >>

Diploma in Facial Electrical Treatments

- Galvanism
- High Frequency - Direct and Indirect
- Micro-current
- Vacuum Suction
- Faradism
- Deep Cleansing

Pre-requisites

A minimum of 5 passes in the Junior Certificate or equivalent level of education/life experience. Students must be at least 17 years old at time of course commencement.



Beauty Training Room at Uisce Day Spa & Education Centre

Individual Course Detail

Course Name: Anatomy & Physiology and Holistic Massage

Type: Full Time

Duration: 150 Hours

Course Content:

This diploma contains four specific units:

- Anatomy & Physiology
- Holistic Massage Theory
- Holistic Massage Practical
- Professional Conduct and Business Awareness

The course will cover all the major systems of the body to include:

- The Skeletal System
- The Muscular System
- The Circulatory System
- The Lymphatic System
- The Endocrine System
- The Digestive System
- The Urinary System
- The Reproductive System

The student will also study The Skin and The Cell.

Cont'd >>

The Student will learn the structure and the functions of each system.

In addition to college attendance each student will be required to carry out a number of Case Studies relating to treatments and revise subjects for approximately 5 hours per week.

Pre-requisites

A minimum of 5 passes in the Junior Certificate or equivalent level of education/life experience. Students must be at least 17 years old at time of course commencement.



Practical Training Room at Uisce Day Spa & Education Centre

Individual Course Detail

Course Name: Anatomy & Physiology and Holistic Massage

Type: Part Time

Duration: 150 Hours

Course Content:

This diploma contains four specific units:

- Anatomy & Physiology
- Holistic Massage Theory
- Holistic Massage Practical
- Professional Conduct and Business Awareness

The course will cover all the major systems of the body to include:

- The Skeletal System
- The Muscular System
- The Circulatory System
- The Lymphatic System
- The Endocrine System
- The Digestive System
- The Urinary System
- The Reproductive System

The student will also study The Skin and The Cell.

Cont'd >>

The Student will learn the structure and the functions of each system.

In addition to college attendance each student will be required to carry out a number of Case Studies relating to treatments and revise subjects for approximately 5 hours per week.

Pre-requisites

A minimum of 5 passes in the Junior Certificate or equivalent level of education/life experience. Students must be at least 17 years old at time of course commencement.

ERECTOR SPINAE-SPINALIS

ORIGIN

Spinous processes

INSERTION

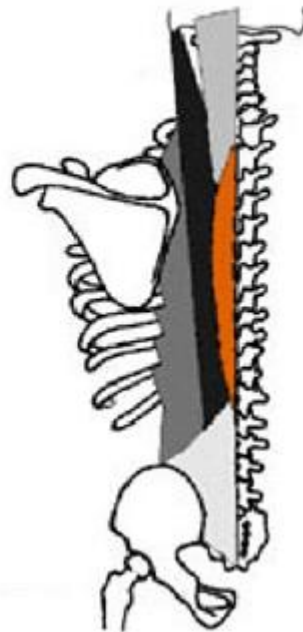
Spinous processes six levels above

ACTION

Lateral flexion of spine

NERVE

Posterior primary rami



Individual Course Detail

Course Name: Beauty Specialist

Type: Part Time

Duration: 300 Hours

Course Content:

This diploma contains four specific units:

- Skin Care
- Eye Treatments
- Make Up
- Manicure & Pedicure
- Waxing
- Professional Conduct
- Business Awareness

In addition to college attendance each student will be required to carry out a number of Case Studies relating to treatments and revise subjects for approximately 5 hours per week.

Pre-requisites

A minimum of 5 passes in the Junior Certificate or equivalent level of education/life experience. Students must be at least 17 years old at time of course commencement.

Individual Course Detail

Course Name: Sports Therapy

Type: Part Time

Duration: 100 Hours

Course Content:

There are 3 elements to this Diploma, Theory, Practical & Case Studies to include:

- The Muscular System and the Changes that occur during exercise
- The Physiology of The Muscle Cell (cardiac, smooth and skeletal)
- The Origin, Insertion and Action of the muscles of
 - The Back
 - The Arms, Wrist and Hand
 - The Hips, Legs, Ankle and Foot
 - Respiration and Abdominals
- The Effects of Massage on Muscle and other Soft Tissue
- The Joints of the Body
 - Synovial joints
 - Synovial membrane
 - Cartilage
 - Ligaments
 - Bursa

Cont'd >>

- The Effects of Diseases and Disorders on Specific Sports

In addition to college attendance each student will be required to carry out a number of Case Studies relating to treatments and revise subjects for approximately 5 hours per week.

Pre-requisites

A minimum of 5 passes in the Junior Certificate or equivalent level of education/life experience. Students must be at least 17 years old at time of course commencement.



Practical Training at Uisce Day Spa & Education Centre

Individual Course Detail

Course Name: Diet & Nutrition for Complementary Therapists

Type: Part Time

Duration: 100 Hours

Course Content:

This program has two elements, Theory and Case Studies.

Subjects to include:

- The Structure and Function of the Organs and accessory Organs of the Digestive system.
- The Process of Absorption
- The Function of Enzymes, Proteins, and Amino Acids.
- The Role of Carbohydrates, Proteins, Fats, Vitamins and Minerals in the diet.
- The Diseases and Disorders of the Digestive System.
- The Integration of the Digestive System to all other systems of the body.

In addition to college attendance each student will be required to carry out a number of Case Studies relating to treatments and revise subjects for approximately 5 hours per week.

Cont'd >>

Pre-requisites:

The Student must hold a Level 3 Diploma in Holistic Massage, or a Level 3 Diploma in Body Treatments, or an ITEC Diploma in a Complementary Therapy or their equivalents.



Practical Training at Uisce Day Spa & Education Centre

Terms & Conditions Of Enrolment

Full and Part Time ITEC Courses

- Each student will be invited for a suitability interview.
- Tuition Fee includes a uniform, course text-books, all linens, light refreshments and parking.
- A deposit of 50% of the tuition fee is required to secure a place on the course. Deposits are non-transferable and non-refundable.
- Balance of tuition is due in two equal payments, one on commencement of the course and one at the course mid-point.
- Once the course has commenced all fees are payable whether the course is completed or not.
- Exam fees are additional @ €120.00 payable directly to ITEC.
- The minimum age for college entry is 17 years of age at the commencement of the course. Parents or legal guardians of students under the age of 18 years must accept responsibility for fees and the general behaviour of that student whilst attending the college. A signature of the parent/legal guardian is required on the application form.
- All course materials are the copyright property of International Spa and Salon Services and may not be used in any form whatsoever by anyone else.
- The field of Beauty Therapy and wellness is continually evolving therefore we feel it is reasonable to expect changes to the syllabus from time to time. We reserve the right to update or amend the syllabus accordingly.

Rules & Regulations of the College

- Each student is expected to wear a uniform to class. Female students are required to wear flat or low-heeled shoes.
- As jewellery is a contra-indication to facial therapy and body treatments students are not permitted to wear jewellery in class. This includes all body jewellery.
- Personal grooming is essential and hair must be tied back, finger nails kept short, clean and without polish.
- No smoking is allowed anywhere on the college premises.
- The use of mobile phones is not permitted. Students must ensure mobile phones are switched off during class.
- Personal valuables and sums of money should not be brought to college.
- ISSS cannot be held responsible for any loss.
- Punctuality is essential so we ask that you call ahead of time if you are running late. You must telephone in advance if you are going to be absent. More than 3 days absence requires a doctor's note.
- All students are required to behave in a courteous and respectful manner to fellow students, tutors and college staff.
- The College reserves the right to dismiss any student who in the view of the principal is found to be academically or otherwise unsuitable. In the event this should happen all deposits and fees are non-refundable.
- We respectfully request compliance to college rules and regulations at all times.

Map & Directions



Driving Directions: From Dublin going west.

To get to ISSS / Uisce Day Spa & Education Centre from Dublin City and/or the M50, make your way to Junction 7 on the M50 and exit heading west on the N4. (Road signs read 'Galway, Lucan'). Continue past multiple exits and straight onto the M4 until you see signs for 'Leixlip West / Celbridge West'. You should exit at this junction. Once you've exited and arrive at the main roundabout over the motorway, take the second exit onto the R449. At the next roundabout take the first exit left onto the R405. You are now heading towards Celbridge village. Continue for 1.5km approx. We are located in Celbridge Town Centre on the right as you approach Celbridge village. Our premises is beside the Tesco supermarket.

Contact Details

We welcome your enquiries.

Please contact us Monday - Saturday from 09:30 - 16:00hrs

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Uisce Day Spa & Education Centre is the European HQ of International Spa & Salon Services.